



## Parent Helper Guidelines

Thank you for volunteering to help during swimming lessons! Your support is greatly appreciated, and these guidelines are in place to ensure the experience is smooth, enjoyable, and safe for everyone involved.

### Guidelines for Parent Helpers (Outside the Pool):

- **Mobile phones must not be used** – We ask that your full attention be on the children to keep them engaged and safe during their activities.
- **Get involved with the children's activities** – Your encouragement and help during reading, maths, and English tasks make a big difference in their learning experience.
- **Promote positive behaviour** – Promoting our rules will help the children stay focused and respectful.
- **Ensure children stay in the designated area** – This helps keep things organised and safe while they work or swim. If you require further support, you may send the child into the school adult (poolside).

### Guidelines for Parent Helpers (Inside the Pool Area):

- **Encourage independence** – Gently support the children in getting changed on their own, as it helps build confidence and self-reliance.
- **Offer assistance when needed** – If a child is struggling, feel free to step in and help them with their clothes, making sure they feel comfortable and supported.
- **Do not use mobile phones while poolside** – We kindly ask that your focus be on the children and the swim session. This is also a safeguarding matter.
- **Allow the swim teacher to lead the session** – The swim teacher is guiding the lesson, so it's best to let them handle any instructions or manage behaviour. You're welcome to raise any questions at the end of the lesson with the class teacher.
- **Help keep the poolside calm and focused** – Gently remind any children waiting for their turn to sit quietly and be patient.
- **Please sit at the poolside in the allocated seats** - Please do not hold conversations with other adults while lessons are taking place.

We hope these guidelines help create a positive, enjoyable environment for both the children and the helpers. Your involvement makes a real difference, and we're grateful for your time and care.