

WE ARE AN ATTACHMENT AWARE SCHOOL



STAFF TRAINING ON ATTACHMENT

Our staff are trained in attachment informed practice to understand behaviour, build relationships and support emotional wellbeing.

CALM SPACES



We provide calm, welcoming spaces around school for children to relax, reset and feel safe.



CALM LUNCH CLUB

A peaceful space at lunchtime where children can connect, play and feel supported.



MOVEMENT BREAK SPACES



Designated spaces to move our bodies, release energy and support self-regulation.



ZONES OF REGULATION

We use the Zones of Regulation to help children understand their feelings and how to manage them.

BLUE

Low Energy

GREEN

Ready to Learn

YELLOW

Heightened

RED

Overwhelmed

ZOR COLOUR CODED TOOL BOXES FOR REGULATION



Children have access to colour coded tool boxes filled with strategies to help them regulate.



EMOTION COACHING INTERVENTIONS

We use emotion coaching approaches to help children name feelings, build empathy and find solutions.



SOLUTION CIRCLES FOR STAFF

Staff come together in solution circles to reflect, problem solve and support one another.



WORKSHOPS WITH FAMILIES AND WIDER COMMUNITY

We offer workshops and support for families and our wider community to strengthen relationships and wellbeing at home and beyond.

WORKING WITH WIDER AGENCIES



We collaborate with external agencies and specialists to ensure children and families get the right support.